

The
Seven
Heavenly Virtues

Rosie Philomena

The
Seven
Deadly Sins

The Seven Heavenly Virtues

Humility

Kindness

Self-control/Temperance

Charity

Chastity

Diligence

Patience

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The Seven Deadly Sins

Pride

Envy

Gluttony

Greed

Lust

Sloth/Laziness

Wrath/Anger

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The seven heavenly virtues
And the seven deadly sins
Opposing one another
This is where our list begins

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Humility and kindness
Charity and diligence
And not forgetting patience
Chastity and temperance

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Opposing pride and envy
Anger, gluttony and greed
And slothfulness, being lustful
This is quite a list indeed!

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Be humble don't be prideful
Never envious but kind
Show patience, don't be angry
Let us keep these things in mind

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Be diligent not lazy
Never lustful, always chaste
And charitable not greedy
Being careful not to waste

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Show temperance in all things
And exhibit self-control
Not gluttonous, and with that
You'll find peace for mind and soul

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